

Fall 22/23 Grade *
9th
✓ 10th
11th
12th
Phone Number *
Supervisorial District in which you reside: (To find out which district you reside in, go to www.placer.ca.gov/bos) *
✓ District 1 - Supervisor Bonnie Gore
District 2 - Supervisor Robert Weygandt
District 3 - Supervisor Jim Holmes
District 4 - Supervisor Suzanne Jones
District 5 - Supervisor Cindy Gustafson

Why are you interested in applying for the Placer County Youth Commission? *

In the past I have worked with organizations like Fuel up to Play 60 to bring positive change to the school system revolving around mental health, physical health, drug and nicotine use, and social inequalities surrounding race, gender, and sexuality I am interested in applying for the Placer County Youth Commission as having done Fuel up to Play 60 was a great opportunity but I would also like to do something that will allow me to construct and establish change within the community I reside Being able to have a voice to speak up for my peers and having the ability to make a change for them while also being able to make needed changes regarding topics that are not addressed by my peers such as drug and nicotine use would be a great opportunity and is something I am passionate about

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address?

The Placer County youth are facing many issues the particular ones a would like to address is mental and physical health as well as drug and nicotine consumption. I choose the issue of mental health as I have seen many of my close friends, as well as distant peers, struggle with mental health such as depression, disordered eating and anxiety, this exponentially increased during, through, and after quarantine. While going through this a common factor that was spoken about and evident in each peer's experience was there was not a safe, accessible, and reliable outlet for them to get help. This led people to seek other outlets and unhealthy coping mechanisms such as self-harm, drug or nicotine use, and one of my closest friends even turned to suicide. I believe if there were better systems in place through the Placer County youth and school systems these behaviours would occur less often. I choose physical health over quarantine I witnessed my peer's mental health correlate with their physical health and saw as my peers either gained or lost unhealthy large sums of weight. The last topic I choose to focus on is drug and nicotine consumption through Placer County Youth. The fact that drugs and nicotine produced by big brand corporations are inadequate and pernicious for everyone more notably children is incontestable. The youth are at larger risks to their undeveloped state, and the fact that the youth do not have legal access puts them at higher rates of risk of buying and consuming products off the street that can be laced or even more harmful than the original substance. The epidemic of youth substance abuse is at an all-time high with a 94% rise of lethal overdoses in young adolescents from 2019 to 2020 according to NPR Public Health and I believe it should be addressed in our community to prevent and reduce our contribution to these statics. these issues are hard to tackle and will not be easy solves as we cannot read people's minds and see when they need help or remove every source of consumption of products like drugs and nicotine but I believe Placer County needs to not only address the issues of mental and physical health, nicotine, and drugs but we should also do our best to assist while not punishing students who have already fallen victim to struggling with these addictive issues.

What personal life experiences, interests, and/or background will help you connect with and/or represent youth throughout Placer County?

Having dealt with unstable home life, guardians, mental health, drug and nicotine use and witnessing the repercussions and fear correlated with those I understand the fear within the youth community to get help as well as the flaws with the current systems put in place. I can understand and recognize that the issue is not my peers but the systems put in place that are burdening them. I can connect with my peers as I know and acknowledge the fact that these issues are not at all simple or easy to deal with. When creating plans to address these issues I would acknowledge and consider everyone's different positions and backgrounds and set up ways for people to get help regardless of their current situations such as transportation, financial situations, or guardian/parental issues. I would like to address these plans in a way that makes the youth of placer county not fear repercussions or punishments for actions such as self-harm, disordered eating, or drug and nicotine use but feel there is a safe place for them to get assistance.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year.

I have done nonprofit volunteer work for a church's daycare and assisted in the organization of many events such as clothing drives, backpack giveaways, and bike and toy giveaways all these entailed weeks of preparation and organization of the items given away followed by organization and work with volunteers than social interaction with the people at the event while problem-solving skills to help both the volunteers and people at the events i am still currently involved with these but they are seasonal events, as well as worked with Fuel up to Play 60 for mental and physical health advocations for youth in the schools' system, social justice issues throughout the school system regarding

race gender and sexuality and figuring out not only how to address the discrimination these groups are facing but also lessons school can start putting in place for both the younger and older generations to prevent discrimination and make awareness on the subject, and drug and nicotine reduction in youth. work with fuel up to play 60, a club that helps raise money for and gets potions to defund immigration organizations like I.C.E., and free daycare programs through my mother's church. During this month I anticipate joining the school newspaper. Next year I will continue being involved in my mother's church youth group, work with fuel up to play 60, a club that helps raise money for and gets potions to defund immigration organizations like I.C.E., and free daycare programs through my mother's church, and will begin key club, debate team, and other clubs that my school will offer.

What is your b	est mode of communication (mark all that apply)? *	
Text		
Email		
Other		
If chosen othe	above, please explain	

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EMAIL: placercoyouthcommission@gmail.com

GOOGLE FORM LINK: https://forms.gle/N8zTkbXLaoPfyChh9

MAIL:

Placer County Youth Commission ATTN: Alexandra Wride 11573 C Ave Auburn, CA 95603

Thank you for applying!!

This content is neither created nor endorsed by Google.

Email *
Name (first & last) * Isabelle Moore
Date of Birth * MM DD YYYY
Address (street, city, zip) *
School * Oakmont High School

Fall 22/23 Grade *
Phone Number *
Supervisorial District in which you reside: (To find out which district you reside in, go to <u>www.placer.ca.gov/bos</u>) *
✓ District 1 - Supervisor Bonnie Gore
District 2 - Supervisor Robert Weygandt
District 3 - Supervisor Jim Holmes
District 4 - Supervisor Suzanne Jones
District 5 - Supervisor Cindy Gustafson
Why are you interested in applying for the Placer County Youth Commission? *
I want to make meaningful change in my community and work together with others to make our city better for all

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address?

Youth in Place County are currently facing many issues in readjusting to normal life in a post lockdown world. I would love to be a part of helping the Youth Commission support teens throughout our community and connect them to needed resources.

What personal life experiences, interests, and/or background will help you connect with and/or represent youth throughout Placer County?

I am a disabled student who understands struggles of marginalized youth in Roseville. I am extremely interested and have a great passion for community out reach and meeting new members of my community. Later in life I hope to have a career in local politics that benefit individuals and communities in our area. In the past I have spent time in lower income senior housing assisting in taking blood pressures and listening to the stories of our elders. I think these experiences and goals will help me represent people in Placer county because I bring a new perspective to the table regarding daily life in our great community.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year.

In school I am envolved in several clubs and I am an AP/ Honors Student at Oakmont High School. I have now been a member of the Sierra Foothills Young Democrats and Progressives for nearly four years. In the past I have been involved in Congressional Campaigns as an intern and as a part of the community outreach team. I hope to become involved with political campaigns in the upcoming Mid Term elections.

What is your best mode of communication (mark all that apply)? *

✓ Te

Text

___ Email

Other

If chosen other above, please explain

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EMAIL: placercoyouthcommission@gmail.com

GOOGLE FORM LINK: https://forms.gle/N8zTkbXLaoPfyChh9

MAIL:

Placer County Youth Commission ATTN: Alexandra Wride 11573 C Ave Auburn, CA 95603

Thank you for applying!!

This content is neither created nor endorsed by Google.

Email *
Name (first & last) *
Alexis Schmidt
Date of Birth *
MM DD YYYY
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Address (street, city, zip) *
School *
West Park High School
Fall 22/23 Grade *
9th
✓ 10th
11th
12th

Phone Number *
Supervisorial District in which you reside (To find out which district you reside in go to www.placer.ca.gov/bos)*
District 1 Supervisor Bonnie Gore
✓ District 2 Supervisor Robert Weygandt
District 3 Supervisor Jim Holmes
District 4 Supervisor Suzanne Jones
District 5 Supervisor Cindy Gustafson
Number of PCYC Terms Served: * 1 2

Why are you interested in re-applying for the Placer County Youth Commission?*

I'm interested in re-applying for the Placer County Youth Commission, because I feel like I have learned a lot from this year and next year I will be able to excel even more now that I have a good understanding of what to do. I am passionate about its main goal which is to identify and advocate important issues that affect the youth of Placer County and members serve as a voice of change in our community by working as a team to develop and implement solutions. Placer County Youth Commission provided me the opportunity to expand on my past philanthropic and leadership experience and start identifying and advocating for important issues that affect myself and my peers.

Throughout the years, I realized that my passion and motivation is being a leader and helping others, and Placer County Youth Commission has built on those leadership skills of inspiring, motivating and connecting with others, along with helping people. In addition to serving the community, I got to work first-hand with my committee to plan, organize, and execute solutions to important issues as well as build strong connections with my peers and team members. In conclusion, I want to continue growing as a leader and team player. I want to continue to be an instrumental voice for change and make a difference in the lives of my peers, which Placer County Youth Commission has offered me!

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address? *

When asked this question last year my response was the mental health among teens, and I stand by this issue. I was a part of the Substance Abuse Committee this year, which tackled much of the mental health aspect, but we shouldn't stop there. Mental illness continues to be increasingly common among teens in the U.S. This is due to many reasons, such as stress, COVID, social media, and peer pressure. Approximately one in five teens between the ages of twelve and eighteen suffer from at least one diagnosable mental health disorder.

Teens with mental health conditions are vulnerable to social exclusion, discrimination, educational difficulties, risk taking behaviors, substance abuse, and harming themselves and/or others. The current solution is telling these teens who need help to go "talk to an adult," however, many friends and peers have made it clear that they don't want to reach out to an adult, jumping to the conclusion that adults just can't understand or relate to their problems. We've identified issue one, kids don't want to talk about their problems with school counselors or adults in general. Another option is support/phone lines, however, it goes back to issue one where kids don't want to confide to adults. I'm not saying this prior "solution" doesn't work for everyone, it's just that most teens will not reach out and spiral into one of the negative behaviors listed above. Over the years, mental health in general has decreased and will continue going down if an effective solution is not found.

In most cases none of these options are viable, therefore I am again proposing the idea of taking the support/phone lines solution and twist it a bit by having older, experienced, trained teens on the other line. It's teens helping teens! The solution takes on mental health issues at the root of the problem, which is teens not wanting to confide with adults, but what about their peers? Think about it, who do most teens already confide with the most? Their friends! Many of the teens who already call the support line, call because they don't want to share their problems with friends, parents, counselors, etc., but putting teens on the other end of the line could help so many more kids who are anxious about calling in. It would feel more like talking to a friend than talking to administration which is way more appealing and gives way more teens motivation to call. This is my hope that I can see this plan through before my time at PCYC is over!

What would you like to see happen in PCYC next year and what have you learned this year to support that? *

Next year in PCYC I would like to continue being a member of the Substance Abuse Committee because there are many projects I want to see executed within that jurisdiction. This year, we had a lot of great ideas but ended up going through with reaching out to middle schools to show the effects of vaping and the consequences of doing so. We made presentations, and activities to display this information, however, while gathering those statistics I learned many things I did not know before. I feel as though for many meetings we did research and brainstorming, but next year I would like to see us expand to not only middle schools but also high schools. Much of the information is valuable to all teens no matter what age, and I think next year it would be amazing to see us expand on this event! Additionally to the statistics I learned this year, I also learned many valuable skills within leadership and teamwork. As a freshman, there were many members older than I in PCYC and most were more experienced than me, which created a lot of learning opportunities. Especially in communication and working as a group, I think I've become much better at both because of the youth commission and hopefully I will be able to continue doing so in future years.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year. *

Over the past couple of years, I have been involved in many extracurricular activities within my school environment and outside of campus.

I play multiple sports, some having played longer and more competitively than others. I have played basketball for over ten years, playing for both my school's JV team and outside leagues. Along with basketball, I have been on the Woodcreek Seawolves Swim Team for ten years and am also on my high school's Varsity swim team. I also have played volleyball for school the last four years and I plan to play volleyball next year again as a Sophomore. Finally, I have taken piano lessons since I was five years old and will continue.

Besides sports, I have been in Student Government for the past four years, being Freshman Treasurer this year, and will soon be the Sophomore Treasurer next year. I also was voted in recently as the Sophomore Representative for my school's Key Club and will take part in many events/charities that we as a club put on. Likewise, another club I am in at school is Speech and Debate, which is actually the first year West Park has ever had that club so I am excited to see it expand!

One of my favorite extracurricular activities is Destination Imagination. Destination Imagination (DI) is an international program focusing on problem-solving, creativity, and team building. I have been in DI for eight years (since 2nd grade) where we work together as a team to solve a year-long challenge and present our solution at the end of the year in Regional, State and Global competitions.

Another one of my favorite extracurricular activities is NCL, also known as National Charity League. I am starting my third year (starts June 1st) of NCL this year and am the Vice President of Philanthropy. Last fiscal year, I completed 36 hours of volunteer work for those in need, which included making candy grams for the elderly at Assisted Living Facilities, made homemade meals for Shine with Purpose Organization so they can provide them to families and children in need, packaged food for food banks, made blankets for the Linus Project for children in need, packaged rice for Saint Vincent De Paul Church, volunteered with Susan G. Komen "Race for the Cure", etc. This summer I will continue with volunteer work by being a Camp Counselor overseeing activities for the Blue Line Arts Summer Camp Program for the second year.

Finally, in addition to these extracurricular activities, I also attend church regularly and have contributed in many ways, one of which is being a Camp Counselor for Vacation Bible School.

In conclusion, I have been involved in many various extracurricular activities throughout my life, and plan to continue doing so in the future.

What is your best mode of communication (mark all that apply)? *
✓ Text
✓ Email
Other
If chosen other above, please explain
All applications MUST be received by email or Google Form or mail by 11:59pm MARCH 27, 2021. EMAIL: placercoyouthcommission@gmail.com GOOGLE FORM LINK: https://forms.gle/PRDWucASdNmNAyXy6 MAIL: Placer County Youth Commission ATTN: Alexandra Wride 11573 C Ave Auburn, CA 95603
Thank you for re-applying!!

This content is neither created nor endorsed by Google.

Email *	
Name (first & last) * Emma Williams	
Date of Birth * MM DD YYYY	
Address (street, city, zip) *	
School * West Park High School	

Fall 22/23 Grade *
9th
10th
11th
✓ 12th
Phone Number *
Supervisorial District in which you reside: (To find out which district you reside in, go to www.placer.ca.gov/bos) *
District 1 - Supervisor Bonnie Gore
✓ District 2 - Supervisor Robert Weygandt
District 3 - Supervisor Jim Holmes
District 4 - Supervisor Suzanne Jones
District 5 - Supervisor Cindy Gustafson
Why are you interested in applying for the Placer County Youth Commission? *
I like to be involved in my community and want to make a difference that can impact where I live
Thre to be involved in my community and want to make a difference that can impact where i five

What are current issues youth in Placer County are facing today and what issues would you like to see the County Youth Commission address? Trash will always be a problem no matter where you live and I think everyone could benefit from the issue.	
What personal life experiences, interests, and/or background will help you connect with and/or representhroughout Placer County?	nt youth *
I am a military kid so I have moved around a lot and am good at adapting to different environment very out going and love meeting new people and since I am newer to this area it would be nice to know people in my county.	
Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are cui involved in and any you anticipate joining within the next year. Dance team captain	rrently *
In student government LCAP representative for west park	
National honors society Vice President Has been in leading roles for west parks first drama productions	
What is your best mode of communication (mark all that apply)? *	
✓ Text	
Email	
Other	
If chosen other above, please explain	

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GOOGLE FORM LINK: https://forms.gle/N8zTkbXLaoPfyChh9

MAIL:

Placer County Youth Commission ATTN: Alexandra Wride 11573 C Ave Auburn, CA 95603

Thank you for applying!!

This content is neither created nor endorsed by Google.

Email *
Name (first & last) *
name (iirsi & tasi)
Natalia Karjalainen
Date of Birth *
MM DD YYYY
Address (street site sin) *
Address (street, city, zip) *
School *
West Park High School

Fall 22/23 Grade *
9th
✓ 10th
11th
12th
Phone Number *
Supervisorial District in which you reside: (To find out which district you reside in, go to www.placer.ca.gov/bos) *
District 1 - Supervisor Bonnie Gore
✓ District 2 - Supervisor Robert Weygandt
District 3 - Supervisor Jim Holmes
District 4 - Supervisor Suzanne Jones
District 5 - Supervisor Cindy Gustafson
Why are you interested in applying for the Placer County Youth Commission? *
I am interested in PC YC because of its great opportunities to further improve the Placer community I
would love to meet and collaborate with students who are interested in exploring new ways to benefit the well being of youth today
well being of youth today

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address?

In my opinion some of the biggest issues youth face today are combating anxiety, social pressures, and efficiently managing technology usage. Many high schools in Placer County are becoming more and more reliant on technologies for communication (ex. with teachers, classwork, projects, sports, and extracurriculars). A consistent use of digital communication promotes the usage of social media which distracts students from studying by indulging in apps like Instagram and Tik Tok. Both Instagram and Tik Tok have proven to encourage social comparison, increase anxiety, and lower overall mental health. Surfacing from the pandemic has come with its own set of challenges, one being a lack of social gatherings. Much of the anxiety youth face today comes from things as simple as deciding whether or not to wear a mask and meeting new people. However in more drastic situations, teens cope with internal struggles by developing unhealthy habits (ex. vaping, eating disorders, and insufficient sleep). I would love to see P.C.Y.C create more social events like the 5k Awareness Run, these are great opportunities to get comfortable in a new environment.

What personal life experiences, interests, and/or background will help you connect with and/or represent youth throughout Placer County?

My parents and I immigrated from Europe to the United States in 2009. After this big change in our lives, we embraced our new home while incorporating Finnish and Bulgarian cultures. In 2021, I started at West Park High School (hardly knowing anyone) and had to repeat the cycle of finding a group of friends and a place I felt comfortable. Because my mom and dad haven't attended school in America, I often feel disadvantaged when making educational and social decisions. I think that these experiences will help me connect with others that have made a big change in their lives (ex. moving to a new place and finding a position in their community). Having felt excluded, I can represent the youth in Placer County by helping them make the first step towards embracing change and diversity.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year.

Currently, I am a member of Art, Engineering, Bio-Med, Send a Smile, Speech and Debate, and Key Club at West Park High School. I serve as secretary in both the Engineering and Bio-Med clubs. Recently in Engineering Club we built wooden tables for a new classroom and created 3D-printed number placeholders for the dance team. With the help of Key Club, I organized a Clean-Up Committee to help remove trash around campus. During the fall, I was on the Girls Varsity Tennis team and will try out for the team again next year. Over the summer I plan to actively contribute to my community by volunteering. I've already applied to the Roseville Public Library and continue to look for more opportunities.

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✓ Text		
✓ Email		
Other		
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EMAIL: placercoyouthcommission@gmail.com		
GOOGLE FORM LINK: https://forms.gle/N8zTkbXLaoPfyChh9		
MAIL: Placer County Youth Commission		
ATTN: Alexandra Wride 11573 C Ave		
Auburn, CA 95603		
Thank you for applying!!		

This content is neither created nor endorsed by Google.

Email *		
Name (first & last) * Zahra Alam		
Date of Birth * MM DD YYYY		
Address (street, city, zip) *		
School * Western Sierra Collegiate Academy		
Fall 22/23 Grade * ☐ 9th ☑ 10th ☐ 11th ☐ 12th		

Phone Number *		
Supervisorial District in which you reside (To find out which district you reside in go to www placer ca gov/bos) * District 1 Supervisor Bonnie Gore District 2 Supervisor Robert Weygandt District 3 Supervisor Jim Holmes District 4 Supervisor Suzanne Jones District 5 Supervisor Cindy Gustafson		
Number of PCYC Terms Served: * 1 2		

Why are you interested in re-applying for the Placer County Youth Commission? *

I had a wonderful year with PCYC while learning and gaining new skills and I want to be able to expand and learn more while also continuing to make a difference in our community through PCYC next year. I was part of the equity and diversity committee this year and our committee had come up with many good and beneficial ideas for our community to educate and lower discrimination and bullying rates against marginalized people. I had a specific project in mind that I was hoping to work on next year that focuses on highlighting problems faced by LGBTQIA+ youth. I now know that PCYC would be a great platform with many resources and incredible people that will be extremely helpful to me to accomplish my goal of educating the county's youth on hardships that queer people face and share their perspective with them. PCYC is such a wonderful community to discuss issues faced by our youth and I would love the opportunity to continue to add to the community in a meaningful and vital way. I very strongly believe in the work that PCYC is doing and I loved being able to see what I could do to make a difference in our community, I also got the opportunity to learn about different topics especially in regards to how vaping and tobacco use negatively affects our community and I hope to continue learning about topics like that through PCYC next year.

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address? *

Current issues faced by youth in Placer County are bullying rates going up, especially targeted bullying towards LGBTQIA+ people, mental health issues and drug and vaping usage amongst youth. The specific bullying that LGBTQIA+ people face mostly consists of deadnaming and calling people slurs or other derogatory language towards them, one of my friends came out as transgender and they chose a new name for themselves and they cut their hair and felt confident enough to come out and asked to be called the pronouns they felt best fit them. A few months later they told us that they were going back to their old name and old pronouns and after asking a few questions they revealed that the reason they were going back to a name and pronouns they felt uncomfortable with was because of all the people purposefully deadnaming and misgendering them to bully them and to tease them. Seeing someone who was so much happier and confident because they figured out that they were trans and they felt safe enough to come out in a public space like school feeling forced to revert back to a name and pronouns that they didn't feel fit them was heartbreaking. This problem is faced by many other trans students. All three of my friends that are trans have been repeatedly dead named and misgendered purposefully and with the intent to cause emotional hurt by other people. This type of bullying is incredibly harmful and a problem that I would like to see PCYC address through the work in their diversity and equity committee. I would also like PCYC to educate the youth community about the importance of good mental health to make talking about and taking help on mental health issues less taboo.

What would you like to see happen in PCYC next year and what have you learned this year to support that?*

For the next year I would like to see the committee that I am in put together a larger project because this year our committee didn't quite accomplish what I had hoped it would. Which was our responsibility but we didn't feel confident that we would be able to come up with a good and acceptable way to educate the youth about the delicate topics that need to be addressed. This year was a very good year to build confidence and learn and understand the support we had to complete our projects. I learned that our supervisors are very open and encouraging to us and with that self assurance I feel more confident to put together larger projects and accomplish larger goals. Next year I hope to have the Equity and Diversity committee again because I have started on a presentation to educate the youth on issues faced by the LGBTQIA+ community and I hope that next year our committee will be able to get our presentation approved by the higher ups to be able to start reaching out to schools to see which ones would allow us to come give a presentation. I want to be able to see that we can make a difference and a big impact on the youth of our community and this year was a wonderful experience as I learned a lot. I learned how to put together a big event like the awareness run, I was able to see all the planning that goes behind making large events and that information and experience will support me in being able to accomplish and take on bigger projects like the educational presentation.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year. *

Dance - All days except Wednesdays National Charity League PTB's production of the Nutcracker ATTP Company - Spring Competition

What is your best mode of communication (mark all that apply)? *		
~	Text	
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	Other	

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MAIL:

Placer County Youth Commission ATTN: Alexandra Wride 11573 C Ave Auburn, CA 95603

Thank you for re-applying!!

This content is neither created nor endorsed by Google.

Email *
Name (first & last) *
Anika Madan
Date of Birth *
MM DD YYYY
Address (street, city, zip) *
riddi 635 (311 661, 611y, 21p)
School *
Rocklin
Fall 22/23 Grade *
9th
10th
✓ 11th
12th

Phone Number *
Supervisorial District in which you reside (To find out which district you reside in go to www.placer.ca.gov/bos)* District 1 Supervisor Bonnie Gore District 2 Supervisor Robert Weygandt
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Number of PCYC Terms Served: * 1 2

Why are you interested in re applying for the Placer County Youth Commission?*

I am interested in reapplying for the Placer County Youth Commission because after being a commissioner last year and being involved in the commission two years before that, I have first hand experience with the amazing community of youth in the commission. I would like to be part of this community again because, together, we are able to integrate so many diverse perspectives to organize projects. I really enjoyed having the opportunity to work on such projects because they allowed me to engage in our community by addressing problems that many youth, like myself, face. I hope that I will have another year in the commission to expand on those projects to further help youth thrive in our community. Additionally, in my year in PCYC, I have really been able to develop my leadership skills. In the next year, I want to continue to build those skills by taking more responsibility in my subcommittee and leading any new commissioners with my experiences. After a year in PCYC, I have built a lot of skills in planning, organizing, staying focused, and being goal oriented so next year, I hope to utilize those skills to be a good leader and effectively direct any projects we work on

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address? *

In Placer County, youth face many issues concerning mental health, specifically the stigma associated with mental health interferes with youth's willingness to seek help for any mental health concerns. Furthermore, because many students don't receive help for their mental health, they turn to unhealthy coping mechanisms that interfere with their academics and relationships. To help improve this problem in our county, I would like the Placer County Youth Commission to work on destigmatizing mental health in our community by providing easy access to resources such as mental health professionals in school, tips to form healthy habits to cope with mental health, and education about mental health.

What would you like to see happen in PCYC next year and what have you learned this year to support that? *

Next year, I would like PCYC to organize events to showcase healthy habits that can improve mental health issues such as stress and anxiety. For example, we could organize a Placer County talent show that features some productive habits or talents that students do in their free time. Or, PCYC could organize a day in schools where we would set up stations, games, or speakers to engage students in learning about mental health and available resources. Also, we could continue the annual 5k run and focus the run on mental health issues or another issue in the community. To do this, I have learned this year about dividing up work to organize the 5k run. Also, I have learned about the importance of sticking to one, attainable idea because this year, as a part of the mental health subcommittee, we had to change our project ideas a few times throughout the year. Because of this, we struggled to get projects done in the mental health subcommittee since our project goals kept changing and we kept having to start over from scratch. Overall, I would like to see the PCYC mental health subcommittee organize a larger, more impactful project in our community next year because it is important to provide resources and education to youth for that issue.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year. *

I am currently involved in Varsity Tennis at RHS, VYBE club (looming hats for cancer patients), RHS Rock Painting Club, Science Olympiads, Math Contest Club, California Scholarship Federation, National Honors Society, California Sikh Foundation, Coast to Coast Connections, and Peer Tutoring.

What is your best mode of communication (mark all that apply)?*		
✓ Text		
✓ Email		
Other		
If chosen other above, please explain		
All applications MUST be received by email or Google Form or mail by 11:59pm MARCH 27, 2021.		
EMAIL: placercoyouthcommission@gmail.com		
GOOGLE FORM LINK: https://forms.gle/PRDWucASdNmNAyXy6 MAIL:		
Placer County Youth Commission ATTN: Alexandra Wride		
11573 C Ave Auburn, CA 95603		
Thank you for re-applying!!		

This content is neither created nor endorsed by Google.

Email *
Name (first & last) * Preyanthan Raguparan
Date of Birth * MM DD YYYY / / / / / / / / / / / / / / / / /
Address (street, city, zip) *
School * Rocklin High School

•	
Fall 22/23 Grade *	
9th	
10th	
✓ 11th	
12th	
Phone Number *	
Supervisorial District in which you reside: (To fi	nd out which district you reside in, go to <u>www.placer.ca.gov/bos</u>) *
District 1 - Supervisor Bonnie Gore	
District 2 - Supervisor Robert Weygand	t .
✓ District 3 - Supervisor Jim Holmes	
District 4 - Supervisor Suzanne Jones	
District 5 - Supervisor Cindy Gustafson	

Why are you interested in applying for the Placer County Youth Commission? *

The fateful COVID pandemic, which began nearly two years ago, led me to a realization that completely changed my view on life. I grew up almost my whole life thinking that what I had was normal. Two loving parents, a healthy family, plenty of food, a roof over my head, and comfortable clothes on my back. These things I took for granted, I believed that they were something everyone was given. I failed to understand that there were some children who grew up without any of these. They never knew when they would eat, or where they would sleep. Some children didn't even have any parents to take care of them. One day, during the ongoing COVID pandemic, I decided to sit down with my father and watch the news to see how the pandemic was progressing. I was astonished to view just how devastating COVID was for some families. From then on I watched the news with my dad almost every night and was even more shocked when I saw the difficulties many children the same age as me were being put through. As I sat there, watching these terrible occurrences, I decided that I had to give something back. I was born extremely lucky and it was my duty to give back as much as I could to those who were not born as lucky. This led me to expand my vision and create a website "ourcommunitycare.org". Through this, I reached out to nonprofit organizations including The Placer County Child support service. However, I came across several roadblocks that made it difficult to reach out to the people in need. I strongly believe that becoming a part of the Placer County Youth Commission would give me more access and opportunities to reach out and help the youth in need. Despite not getting into PCYC last year, I proceeded to advocate for youths in my community through my organization. When I think about helping youths in my community I know that it is a way to build a better world, with greater people. It will also better prepare the youth to become responsible and active citizens. I believe that becoming a member of the Placer County Youth Commission is the most efficient way for me to progress in my quest to improve the lives of youths in my society.

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address?

Some current issues youth in Placer County are facing today include vaping, depression, and addiction. I feel it is extremely important for the Placer County Youth Commission to address these issues, and I know that they already have addressed some of them. The problem of addiction specifically, is one that I have come into contact with the most. Usually, when people hear the term addiction they think of addictions to drugs and things like that. The type of addiction I am talking about is one that seems much more harmless but actually possesses nearly every single child in our society today. The addiction I am talking about is screen time or social media addiction. Not only addiction to social media but also the misuse of it and how it could affect the future of youths. Experiences with this addiction inspired me to try and help youths around me understand just how serious screen time addiction is. Research data shows that kids spend twice as long on screens than they will playing outside. Also, large screen time usage results in numerous problems including obesity, insomnia, and social disconnection. I have developed a presentation related to the harms of screen addiction and how it can be identified and prevented. I reached out to a few Rocklin schools in hopes of presenting this information to other youths. However, it has been insanely difficult to make this idea a reality due to my lack of credibility as an individual student. If I were to become a member of the Placer County Youth Commission then it would be much easier for me to make my ideas a reality and it would provide PCYC with another important issue youths face today.

What personal life experiences, interests, and/or background will help you connect with and/or represent youth throughout Placer County?

My experience as a leader through my role as a Rocklin High School Associative Student Body(ASB) member will help me to represent youth throughout Placer County. The skills I have developed from ASB perfectly align with those necessary to be an efficient representative of youth in Placer County. In addition to my leadership skills, I also have an extreme interest and determination in giving as much as I can to my community, especially those who need it. As I have previously mentioned, I worked with non-profit organizations through my personal organization Our Community Care. I arranged an annual gift drive for foster children at Koinonia Family Services since the winter of 2020 where we collected gifts from their wish lists to give to them during Christmas. I performed multiple piano pieces at a senior center over the summer with my brother. Additionally, I tutored numerous children who were struggling and pushed them to succeed in their studies. I am currently working with my high school's California Scholarship Federation (CSF) advisor on leading an e-waste drive which will take place during the first week of May. My main goal in this e-waste drive is to educate youths on the dangers of improper disposal of e-waste. Overall, my personal life experience, interests, and background leave me well prepared to be a valuable member of the Placer County Youth Commission.

What is your best mode of communication (mark all that apply)? * Text Email Other If chosen other above, please explain	
Email Other	
Other	
If chosen other above, please explain	
If chosen other above, please explain	
All applications MUST be received by email or Google Form or mail by 11:59pm APRIL 30, 2021.	
EMAIL: placercoyouthcommission@gmail.com COOCLE FORM LINK: https://forms.ele/N8-ThbVLgoPfvChb9	
GOOGLE FORM LINK: https://forms.gle/N8zTkbXLaoPfyChh9 MAIL:	
Placer County Youth Commission ATTN: Alexandra Wride	
11573 C Ave Auburn, CA 95603	
Thank you for applying!!	

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Email *
Name (first & last) *
Rohan Midha
Date of Birth *
MM DD YYYY
Address (street, city, zip) *
School *
Rocklin High School
Fall 22/23 Grade *
9th
10th
11th
12th

Phone Number *
Supervisorial District in which you reside (To find out which district you reside in go to www.placer.ca.gov/bos)*
District 1 Supervisor Bonnie Gore
District 2 Supervisor Robert Weygandt
✓ District 3 Supervisor Jim Holmes
District 4 Supervisor Suzanne Jones
District 5 Supervisor Cindy Gustafson
Number of PCYC Terms Served: *
✓ 1

I am interested in re applying for the Placer County Youth Commission because I hope to continue to make a positive difference in the lives of youth in my county. As a board member this year, I was given the privilege to be a part of the Substance Misuse Committee where I felt I was a vital member of our team. During each meeting, I contributed greatly to discussions and worked diligently to reach our committee goal. So far we have spent most of our time planning for a gallery walk in which we aim to educate inide and elementary school students about the dangers of substance use in hopes of preventing them from doing so in the future. We have scheduled our first walk for April 4th and I am extremely excited for this event since we will be able to make a large difference in the future of our youth. Additionally, as an entire commission, we have been working together to plan our second annual "Free Your Mind, Free The Air 5K Run". This is another activity that allows me to make a helpful impact in the lives of my peers as its main goal is to promote a healthy mind and a healthy body.

Both of these activities are matters I am extremely passionate about and my experiences so far as a

commissioner have only strengthened my desire to make beneficial changes in my community

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address? *

Currently, youth in Placer County are facing many large issues including mental health and vaping use. While these are extremely important, I believe our commission is doing a great job addressing them through the existing subcommittees. One issue I would like to see PCYC address that is somewhat overlooked is social media and screen time usage. COVID-19 has brought immense struggles to our county, and due to distance learning, students of all ages found themselves suddenly dealing with the loss of social and physical activities. Due to this, the only social interaction they had became online through social media apps. A survey from Pew Research Center recorded about a 50–70 percent increase in internet use during the COVID-19 pandemic; of that, 50 percent of the time was spent engaging on social media. I dealt with this issue first hand and began using my phone for more than 4 hours each day when we had distance learning. This increase has led to devastating effects on mental health, productivity, and learning in our youth. I believe that as a commission we can work to find ways that would help youth decrease their screen time usage which would lead to better grades and other positive outcomes.

What would you like to see happen in PCYC next year and what have you learned this year to support that? *

In PCYC next year I would like to see more awareness to help finally end the sale of flavored tobacco products. SB-793 was originally voted for and passed to go into effect on January 1, 2021. However, while attending one of our meetings I learned that greedy tobacco companies used over 40 million dollars to gain signatures to veto this, and the bill is now set to be voted on again in November. If I am selected as a commissioner next year I will do my best to work with our commission to contact policymakers, research the bill and raise awareness so that California will be the second state to accomplish this outstanding goal. Also, this year I was also chosen to attend the Annual Friday Night Live Youth Summit. However, since this was canceled I hope to attend next year with fellow PCYC members to expand my knowledge by attending workshops and meeting with other youth in our state.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year. *

Thunder learning- Free tutoring organization I made for youth in our county in order to counter learning lost due to the pandemic. It has had over 30 students and I have personally tutored 100 hours.

CSF-I am currently a member and the treasurer of CSF at our school.

NHS- I am a member of the national honor society at our school and hope to continue this next year.

Tennis- This is my second year on The Varsity tennis team at Rocklin High School

Clubs and programs- Science olympiad, Asb class officer, president of stock market club

What is your best mode of communication (mark all that apply)?*
Text Email Other
If chosen other above, please explain
All applications MUST be received by email or Google Form or mail by 11:59pm MARCH 27, 2021. EMAIL: placercoyouthcommission@gmail.com GOOGLE FORM LINK: https://forms.gle/PRDWucASdNmNAyXy6 MAIL: Placer County Youth Commission ATTN: Alexandra Wride 11573 C Ave Auburn, CA 95603
Thank you for re-applying!!

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Email *
Name (first & last) * SaiMaya Selvaraj
Date of Birth * MM DD YYYY /
Address (street, city, zip) *
School * Western Sierra Collegiate Academy

Fall 22/23 Grade *
9th
✓ 10th
11th
12th
Phone Number *
Supervisorial District in which you reside: (To find out which district you reside in, go to www.placer.ca.gov/bos) *
District 1 - Supervisor Bonnie Gore
District 2 - Supervisor Robert Weygandt
✓ District 3 - Supervisor Jim Holmes
District 4 - Supervisor Suzanne Jones
District 5 - Supervisor Cindy Gustafson

As a little girl, I would spend evenings in the living room, watching the latest news on the TV with my parents. I would often see coverages of underprivileged people receiving help in the form of donations, food and many more. To this day, I still remember the hopeful faces of those people, the faces of people who had been given a miracle.

I was able to witness this firsthand when Covid-19 hit. The Roseville Sutter hospital, like many, was running dangerously low on masks, gloves, and other supplies. My mother and her friends saw this and organized and launched a campaign to collect donations in the form of hospital supplies. I even helped, going to the hospital with my mother to deliver supplies in person. The hospital CEO, Brian Alexander, came in person to greet us. It was a moment that will forever be ingrained in my memory, for I witnessed firsthand the look of gratitude he had. That was the moment I touched the life of one, and I knew, in that instance, that I wanted to touch the lives of many more.

Joining the Placer County Youth Commission would allow me to continue my journey of helping others by tackling problems that affect a whole county, which is made possible because members of the PCYC directly advise the Placer County Board Supervisors. Additionally, I would be able to surround myself with like-minded peers and individuals who are just as passionate about helping others as I am, something that will allow me to help people on a larger scale because I'm working with others. I have spent a lot of time researching the PCYC and some of the issues they have addressed, such as underage drinking and vaping. I have seen the positive impact this organization makes in the community and the leadership opportunities it creates for its members. Getting the chance to touch the lives of others, something I have loved doing since early childhood, through the Placer County Youth Commission would be an experience I would be honored to have.

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address?

Even though school is now back in person, it will never be the same. Recently, I noticed a shift in the behavior of my classmates. I saw that they had less motivation to do good in school, going from caring about their grades and always striving to understand the concepts to not paying attention in class and even skipping school. Some of my peers even began having frequent mood swings, sometimes even mental breakdowns. When my school gave a suicide prevention presentation, I grew more and more worried. Many of the signs my classmates have been showing are symptoms of depression, a leading cause of suicide for youth in Placer County and all across America. I sincerely hope that the Placer County Youth Commission is able to help the depressed of our community seek medical help. Today's youth are the leaders of the future, so they are something we must make our utmost priority to protect.

What personal life experiences, interests, and/or background will help you connect with and/or represent youth throughout Placer County?

Once I got into high school, I was a victim of the lunch line. I stood in line for 15 minutes, leaving only 15 minutes to eat lunch. Because of this, I decided to ask my administration, who told me that parents used to volunteer in the cafeteria, but because of Covid restrictions, they were no longer allowed to. After hearing this, I left, thinking of what I could do to improve my lunch line situation. A few days later, as my friends about how they find volunteer opportunities, I got hit with a great idea. I talked with both my school's principal and vice-principal and proposed that my school let students volunteer in the cafeteria. As soon as they agreed, I was able to start a student-run volunteer program in my school. In doing so, I solved my school's frustration over the lunch line and my classmates' problem regarding volunteer hours. My school administration allowed me to oversee this project, and I'm thankful for that because I was able to gain valuable leadership and problem-solving experiences.

I was in charge of organizing the students, coming up with a schedule, and unfortunately, dealing out consequences in response to actions. Additionally, I had to think of creative solutions to some issues that arose from my project, such as talking to administration to let some students skip homeroom so they could volunteer. Through my project, I learned how to identify a problem, think of a creative solution to solve it, and how lead others. This has helped me connect to and help other students that are younger than me by giving them advice on how they can start something similar to my cafeteria project in their own schools. I am positive that through the Placer County Youth Commission, I will be able to apply the skills I have learned, as well as new skills, to further connect with youth all throughout Placer County in and unique ways.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year.

Currently involved in:

- Piano
- Flute
- Math Olympiad

I don't anticipate joining any extracurricular activities next year.

What is your best mode of communication (mark all that apply)? *
✓ Text
Email
Other
If chosen other above, please explain
All applications MUST be received by email or Google Form or mail by 11:59pm APRIL 30, 2021. EMAIL: placercoyouthcommission@gmail.com
GOOGLE FORM LINK: https://forms.gle/N8zTkbXLaoPfyChh9
MAIL:
Placer County Youth Commission ATTN: Alexandra Wride 11573 C Ave
Auburn, CA 95603
Thank you for applying!!

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Email *
Name (first & last) * Amre Abumarkhieh
Date of Birth * MM DD YYYY / / / / / / / / / / / / / / / / /
Address (street, city, zip) *
School * Granite Bay High School

Fall 22/23 Grade *
9th
10th
✓ 11th
12th
Phone Number *
Supervisorial District in which you reside: (To find out which district you reside in, go to www.placer.ca.gov/bos) *
District 1 - Supervisor Bonnie Gore
District 2 - Supervisor Robert Weygandt
District 3 - Supervisor Jim Holmes
✓ District 4 - Supervisor Suzanne Jones
District 5 - Supervisor Cindy Gustafson

I am fascinated by public policy and its capacity to impact the lives of the individuals of a community. My eagerness to make a difference in the lives around me fuels my motivation to advocate for not only concerns of my community's youth, but for the general public. As a Placer County Youth Commissioner, I would have the unique opportunity to bring light to problems evident in our youth by advising the Placer County Board of Supervisors. I am a strong believer that listening to the youth of our community may expose us to new concerns that have yet to be addressed. Furthermore, I have lived in Placer County for the majority of my life, meaning I participated in several programs, ate at different restaurants, played on different sports teams, and used a multitude of facilities. All of which I owe to my community, Placer County, for its collective effort in providing a sophisticated environment in which I was able to be raised. Hence, now that I have come to acknowledge my community's collaboration to benefit one another, I would like to take a part in this effort by advocating on behalf of others and bringing their issues to the attention of those in charge.

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address?

At my high school, a huge problem is vaping. It's extremely common for me to see high school students trying to sneak a quick vape in the bathroom. I am pained to see the youth of our community fall victim to the propaganda of these companies that advertise vapes to youth. I hate to see addiction so prevalent in teens whose bodies haven't even fully developed. As a Placer County Youth Commissioner, I would like to collaborate alongside my fellow commissioners in running a campaign that aims to eliminate these vapes through education. This way we can foster generations of healthy youth in our community who understand the irreversible effects that these vapes have on their bodies.

What personal life experiences, interests, and/or background will help you connect with and/or represent youth throughout Placer County?

I am a member of my School Site Council where I work alongside other students, staff, and parents to oversee and discuss school issues, concerns, and changes to the status quo. This experience has always kept me updated on the ongoing situation of our school, and our focus is always doing what's best for the students. In addition, I am very involved throughout my school by participating in extracurriculars, such as clubs and athletics. As a result, I encounter a wide variety of students. For example, I am a member of my school's Muslim Student Association, which has helped me understand the perspectives of Muslim students. I also work as a Mathematics and English Instructor at Kumon of Granite Bay where I work closely with children so that they understand certain concepts, evaluate their work, monitor progress through tracking spreadsheets, and assisting them in correcting their mistakes. I always promote mistakes as an important part of the learning process because I know it is crucial to their development to recognize that. This work experience has made me a witness of the development process of the younger population of our community. My wide range of involvement throughout the community will help me represent the youth around me thoroughly because I will be able to recognize emerging problems.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year.

GBHS Swim Team
Red Cross Volunteer
Kumon Mathematics and English Instructor
School Site Council
Student Senate
City of Roseville Library Board
Medical Olympiad

What is your best mode of communication (mark all that apply)? *

Text

Email

Other

If chosen other above, please explain

All applications MUST be received by email or Google Form or mail by 11:59pm APRIL 30, 2021.

EMAIL: placercoyouthcommission@gmail.com

GOOGLE FORM LINK: https://forms.gle/N8zTkbXLaoPfyChh9

MAIL:

Placer County Youth Commission ATTN: Alexandra Wride 11573 C Ave Auburn, CA 95603

Thank you for applying!!

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Email *
Name (first & last) * Avery Wu
Date of Birth * MM DD YYYY 1 / 1
Address (street, city, zip) *
School * Granite Bay High School
Fall 22/23 Grade * ☐ 9th ☐ 10th ☑ 11th ☐ 12th

Phone Number *
Supervisorial District in which you reside (To find out which district you reside in go to www.placer.ca.gov/bos) *
District 1 Supervisor Bonnie Gore
District 2 Supervisor Robert Weygandt
District 3 Supervisor Jim Holmes
✓ District 4 Supervisor Suzanne Jones
District 5 Supervisor Cindy Gustafson
Number of PCYC Terms Served: *
✓ 1
_ 2
Why are you interested in re applying for the Placer County Youth Commission? *

I am re applying to PCYC because I truly believe in the impact that we can have as youth commissioners in Placer County. We have a unique platform for our voices to be heard. Accomplishing meaningful things is very important to me, and I would love to continue to work with my fellow commissioners to bring awareness to teen issues within the community. I feel that my work is not done with PCYC and I have more time and ideas to contribute.

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address? *

The biggest ongoing issue for Placer County youth is mental health. Teens are particularly vulnerable to the negative effects of mental health because our bodies and brains are still developing and maturing. It can be very difficult to talk openly and honestly about topics like depression and anxiety, which is why so many teens struggle with poor mental health. Factors such as social media and peer pressure only worsen the problem. Social media creates unrealistic social and beauty standards. Along with social media, peer and academic pressure can lead to stress, low self-esteem, and lack of confidence. Many teens feel like failures if they do not meet the expectations of family and friends. Poor mental health can lead to more serious issues like depression and continues to be a major factor of increasing suicide rates throughout the country.

What would you like to see happen in PCYC next year and what have you learned this year to support that? *

Next year, I would love to come up with a great idea early on in our year so that we can spend most of our time actually putting the idea into action. With some greater focus and urgency, I believe that we will be able to come up with newer and more creative ideas to address the many challenges are teens are facing with mental health and equity and diversity. It has been frustrating to not have made more progress this year. In order to be more impactful next year, we need consistent attendance and participation from the commissioners. We also need to have clear deadlines and to hold all of the commissioners accountable for their delegated responsibilities. In my Equity and Diversity sub-committee, it has been difficult to brainstorm, make decisions, and make progress when there are only 2-3 members present at each meeting.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year. *

Placer United (club soccer) and high school soccer
National Charity League (community volunteering)
Junior Vestors Community Ambassador
DECA Vice President of Leadership (starting new business club next year)

What is your best mode of communication (mark all that apply)? *
✓ Text
✓ Email
Other
If chosen other above, please explain
All applications MUST be received by email or Google Form or mail by 11:59pm MARCH 27, 2021. EMAIL: placercoyouthcommission@gmail.com GOOGLE FORM LINK: https://forms.gle/PRDWucASdNmNAyXy6
MAIL: Placer County Youth Commission ATTN: Alexandra Wride 11573 C Ave Auburn, CA 95603
Thank you for re-applying!!

This content is neither created nor endorsed by Google.

Email *
Name (first & last) * Kyle Xiong Li
Date of Birth * MM DD YYYY / / / / / / / / / / / / / / / / /
Address (street, city, zip) *
School * Granite Bay High School

Fall 22/23 Grade *
9th
10th
✓ 11th
12th
Phone Number *
Supervisorial District in which you reside: (To find out which district you reside in, go to <u>www.placer.ca.gov/bos</u>) *
District 1 - Supervisor Bonnie Gore
District 2 - Supervisor Robert Weygandt
District 3 - Supervisor Jim Holmes
✓ District 4 - Supervisor Suzanne Jones
District 5 - Supervisor Cindy Gustafson

There are three reasons that I would like apply for the Placer County Youth Commission. First, to make positive changes: often adults think that our youth nowadays do not care about anything and do not want to participate in worthwhile activities. I would like to join the Youth Council to dispute this common thought. I want to join the Youth Council to make positive change possible in our communities and schools through various service projects, government assistance projects, lobbying efforts, and conferences. I want to participate activities to help those in need as well as create opportunities for those who are less fortunate. Second, to develop my leadership skills: I also would like to join the Youth Council to develop my leadership skills. I would like to learn and grow to be a leader in our school and community. I would like to participate and provide valuable inputs to the various activities run by the Youth Council while respect others' opinion. I would also like to go out to the community to help whenever we are called upon.

Third, to meet new people: I would like to join the Youth Council to meet students from other schools and participate in the activities that we share common interest in. I think those students will be my peers in the future to make positive changes to our communities.

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address?

I think there are a couple urgent issues that our youth are facing today that I would like to see that the Placer County Youth Commission addresses.

- 1. Climate change: I think the Placer County Youth Commission should address this issue by developing education programs and promote new clubs in high schools to educate youth about different ways that youth can do in their daily lives to promote climate protection, like riding the bus instead of driving, promoting environmental protection programs at high schools and conserving energy by unplugging things like phone and computer chargers when they are not being used etc.
- 2. Mental health / school shooting: The reason that I put those two together is because that I believe that most of the school shootings are due to mental health problem. I think the Placer County Youth Commission should address this issue by developing education programs on mental health. Those education programs should be offered to parents and youth, school staff, and counselors. I would recommend that those programs be develop and promote those programs via social media platforms like TikTok, Instagram, etc. which would make those programs more accessible to youth than the traditional methods.

What personal life experiences, interests, and/or background will help you connect with and/or represent youth throughout Placer County?

I moved to Granite Bay since I was in 4th grade. I attended Ridgeview Elemental school, Cavitt Junior High, and then Granite Bay High School. I love living in this area. I loved all my schools and people in the Community. I was elected as Vice President (5th grade) and President (6th) of the student Council at Ridgeview. I served as a Rally Commissioner at Cavitt Junior High. We organized many rallies and fundraising activities during the school years. At the beginning of the Pandemics, I interned at Bayside Church High School office and helped them raise \$5000 for the school bus drivers in our communities. Due to the time conflicts with my football and basketball practice, I haven't been able to serve on the student government at our high school. However, I always help whenever I can with school activities. I am a people person. I love playing sports and talking to people. I am fortunate enough to meet many new people through football and basketball games with athletes from different schools in the area. I think my personality and background make it easy for me connect with youth throughout Placer County.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year.

I am on Varsity Football team in the Fall and JV Basketball team in the Winter. I am also involved with Science Olympiad at our school. My friend and I will start two new clubs in the coming year: a business club and a nutrition club for athletes. I also participate various activities for high school students at Bayside Church

What is your best mode of communication (mark all that apply)? *

Text

Email

Other

All applications MUST be received by email or Google Form or mail by 11:59pm APRIL 30, 2021.

EMAIL: placercoyouthcommission@gmail.com

GOOGLE FORM LINK: https://forms.gle/N8zTkbXLaoPfyChh9

MAIL:

Placer County Youth Commission ATTN: Alexandra Wride 11573 C Ave Auburn, CA 95603

Thank you for applying!!

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Email *	_
Name (first & last) * Lauren Chan	_
Date of Birth * MM DD YYYY / / / / / / / / / / / / / / / / /	
Address (street, city, zip) *	_
School * Granite Bay High School	_

Fall 22/23 Grade *
9th
10th
11th
✓ 12th
Phone Number *
Supervisorial District in which you reside: (To find out which district you reside in, go to <u>www.placer.ca.gov/bos</u>) *
District 1 - Supervisor Bonnie Gore
District 2 - Supervisor Robert Weygandt
District 3 - Supervisor Jim Holmes
✓ District 4 - Supervisor Suzanne Jones
District 5 - Supervisor Cindy Gustafson

"To serve" is a verb defined as performing duties or services for others. I am applying for a position on the Placer County Youth Commission in order to serve my community and to give a voice to my peers. Pre-COVID, I used to think one had to have an official title to serve, such as jurors, army sergeants or pastors. As a result of the pandemic, I have come to see a global view of "service". To me, the first step in serving is deciding to effect change and finding a creative way to contribute. During the initial phase of the pandemic when PPE was on short supply, the news showed every grandmother, crafter, novice seamstress making masks and donating them to the nearest hospital. This me realize that I, even as a high school junior, can absolutely try to make an impact. When the nursing home I volunteered at shut their doors to visitors, I worried that its seniors would be lonely without a connection to the outside world. I started writing to letters to them. Currently, I've expanded this program to involve students from 6 local elementary schools making crafts for residents of senior citizen homes. I think being on the commission will allow me to connect with other teens with similar interests and we can make a greater impact as a group.

Sometimes, service means being quiet to allow for the real message to come through. For example, at 7pm each evening, New Yorkers stopped anything they were doing, stood on their balconies or leaned out of open windows in a collective applause for the health care workers working tirelessly to care for COVID-19 patients. This touching moment of human kindness is my motivation to want to contribute to my community by talking and listening to youths around me and being their voice on the Commission. I really appreciate the fact that Placer County seeks the input of high school students on key issues. I think that it's crucial to make sure the youth have a say because we will be the ones most impacted by the decisions in our future.

I have lived in Placer County all my life. In about 15 months, I will be leaving for college. In my remaining time here, I would like to work to ensure that the community that has given me so many opportunities continue to offer that for its young residents. I enthusiastically welcome the opportunity to serve on the Placer County Youth Commission.

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address?

These days, no matter who you ask, they are likely to share very personal and powerful stories of how the pandemic upended their lives, from canceled graduations to unpaid mortgages. While I may be biased, I feel that the youth community has been disproportionated impacted. Scientific research studies, documentaries, even a quick scroll through social media platforms easily show the sharp incline in numbers of youths suffering with mental health conditions: social isolation, depression, anxiety, just to name a few. Of course, we will leave medical treatment plans in the hands of our capable health care professionals. At the same time, however, as citizens of Placer County and as a community, we do have the responsibility and capacity to help. One issue that I would like to confront, if selected to be on the Placer County Youth Commission, is that of low self-esteem and self-worth across children of all ages. In reading stories of those affected by mental health conditions, a common theme seems to be their distorted and deflated view of their self-value and worth. Many social media posts also directly or indirectly make teens feel like they are not perfect enough. This took on a personal meaning for me when two of my close friends were diagnosed with eating disorders in the last two years. I think the world of them, as each in her own right was funny, strong, intelligent, and compassionate. They are easily the first friends I would turn to for companionship, laughs, or therapy. Unfortunately, they did not see themselves this way. They were laser-focused on any flaws they had, even finding fault when there was none. It made me sad to see my friend so affected by her illness that she no longer saw the radiant beauty from her soul nor in her physical appearance. I told her at every opportunity that she didn't need to change because she already was, and still is, one of the most amazing people I know. I started to think that perhaps everyone would benefit from a burst of goodness towards their self-esteem, whether you are struggling to consume 800 calories a day or the seemingly happy and successful state-ranked quarterback with straight A's. I would love to see the Youth Commission brainstorm solutions to improve self-esteem or, better yet, ways to prevent erosion of self-value in the first place. One way that I came up with is a county-wide campaign called "I am good at ____" which asks youths to share what their talents or strengths are. For example, in schools, students can be given a button that says, "I am good at ____". They take a sharpie and finish that sentence. Examples may be "I am good at swimming" or "I am good at kindness". Then, as we all proudly wear our buttons, it conveys a message that everyone is good at something and that as a community, we can share our strengths and help each other.

What personal life experiences, interests, and/or background will help you connect with and/or represent youth throughout Placer County?

From a very young age, my sisters and I have been intentionally exposed to cuisines from various parts of the world. A typical dinner may be exquisitely spiced Ethiopian food wrapped its injera flatbread or a wide selection of Persian kabobs and skewers to share. My parents thought they were just building my culinary repertoire but, in the end, what they've gifted me is open-mindedness and curiosity about people and cultures. In addition, in my immediate family, 3 different Chinese dialects are spoken: Taiwanese, Mandarin, and Cantonese, which means there is always someone who doesn't understand what is being said. The language barrier is further exaggerated during extended family Thanksgiving dinners when Toisanese and hearing-impaired grandparents are thrown into the fun and chaotic mix. As a result, I have become skillful in finding alternative ways to communicate. What I've discovered is that there is usually more that we have in common than what separates us. Our native tongue may be different, but we share the ability to convey emotions and opinions with body language and gestures. We also find common ground through food, hobbies, or photos. This philosophy has served me well on many occasions, such as during my first days at Granite Bay High School and after graduating from an 8th grade class of 24 students. I was able to make new friends and build a network social connection. Furthermore, I have been a competitive swimmer on recreational and school teams for the last 9 years. One of my favorite events was the medley relay. In this race, 4 swimmers were brought together, each swimming their fastest stroke in the hopes that the team would finish with the fastest time. Often, the coaches determined the relay team minutes before the actual race. While we might have been competitors during other events, we quickly had to come together as a unit to get the desired outcome. This taught me the importance of teamwork - that while we each shined at our particular stroke, we still needed to contribute as a whole. If your teammate struggled, it's up to you to make up the time. If I am selected to be on the Placer County Youth Commission, I hope to bring my enthusiasm and ease of connecting with peers who are passionate about advocacy as well as with those who we represent and serve.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year.

- Accepted into the Stanford Anesthesia Summer Institute
 - Will be attending this summer
- Founder of the community service organization, "Sincerely, Schools"
 - Coordinated letter writing efforts for students at 6 local schools to create messages and crafts to brighten the day of senior residents
 - Organization has created around 400 projects for senior residences
- Volunteer at local senior residence
- Founder of "Supporting Future Doctors" club
 - Organized and facilitated a variety of physicians to present about their specialities
- Starting this summer, will be volunteering at Dignity Health hospital for over 10 hours each month
- National Honors Society member
 - Leukemia & Lymphoma Society Pennies for Patients Commissioner
 - Over 15 hours of community service hours
- Key Club member
 - Participates in community service event
- Granite Bay High School Varsity Girls swim team
 - Trained and qualified for CA state sectionals both 2020 and 2021
 - Highest Junior Varsity Score Pointer in 2021
- Peer tutor, hired by the RJUHSD district
- Swim instructor

What is your best mo	de of communication (mark o	all that apply)? *		
✓ Text				
Email				
Other				
If chosen other above	, please explain			

All applications MUST be received by email or Google Form or mail by 11:59pm APRIL 30, 2021.

EMAIL: placercoyouthcommission@gmail.com

GOOGLE FORM LINK: https://forms.gle/N8zTkbXLaoPfyChh9

MAIL:

Placer County Youth Commission ATTN: Alexandra Wride 11573 C Ave Auburn, CA 95603

Thank you for applying!!

This content is neither created nor endorsed by Google.

Email *
Name (first & last) *
Marissa Laucirica
Date of Birth *
MM DD YYYY
Address (street, city, zip) *
School *
Oakmont High School

Fall 22/23 Grade *
9th
10th
11th
✓ 12th
Phone Number *
Supervisorial District in which you reside: (To find out which district you reside in, go to www.placer.ca.gov/bos) *
District 1 - Supervisor Bonnie Gore
District 2 - Supervisor Robert Weygandt
District 3 - Supervisor Jim Holmes
✓ District 4 - Supervisor Suzanne Jones
District 5 - Supervisor Cindy Gustafson

As I currently sit on the Transportation Commission for the City of Roseville, I am already used to the process of challenging concepts and offering new ideas. Being that I am the Youth Commissioner, it is my duty to offer ideas from a youth perspective and I will be sure to do the same on this commission. As a member of this county, I find it to be my responsibility to give my time by volunteering and ensuring that my peers are engaging in activities that better our community. I know that if I am honored with the position as the Placer County Youth Commissioner I will uphold the name and the position with dignity and respect.

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address?

Between distance learning, quarantine, and a lack of socialization - I find that my peers and the youth for that matter have lost our sense of normality. Though we have been back to in-person learning there is still a difference in the way we behave toward one another. With that said, I find that a major issue found in the youth today is the inability to express ourselves and make personal connections. As I find myself to be a social individual I have made it my priority to ensure that my peers are engaging with one another and being present rather than disconnected on their phones. Beyond this, the increase in misbehavior that has arisen in the youth is fairly clear amongst parents, teachers, and other administrators. In consideration of this issue, I would like to contribute to the Placer County Youth Commission in addressing this issue by promoting the youth to make a positive change, take part in volunteer opportunities, and strive to make their community a better place.

What personal life experiences, interests, and/or background will help you connect with and/or represent youth throughout Placer County?

As I have mentioned, I sit on the Transportation Commission for the City of Roseville which has granted me the opportunity in making greater change in my community. With this, I have been honored with the position to work alongside other commissioners and think critically about issues being presented. This particular experience has allowed me to feel more connected to my community and pride that I reside in the City of Roseville. Given that I am representing the youth on this board, I find that I will easily be able to do the same on the Placer County Youth Commission. To further, my true interest in this position falls within my abilities to better serve my community through understanding the needs of its members. As I have mentioned, I would characterize myself as a social individual. With this, I am commonly seen interacting with new people and making connections. Thus, I can confidently say that the opinions I will give on the behalf of the youth will be true, honest, and well thought out. Additionally, I hope to give my time to this commission to ensure it's success and change it will bring to the youth.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year.

This year, I have challenged myself to take part in more extracurricular activities and immerse myself in new groups. A program that I have been involved in for the past two years is the Oakmont Health Careers Academy. In my freshman year of high school, I applied, interviewed, and was accepted into the program. In short, this program shapes its students into young professionals, innovative thinkers, and most importantly how to work with others. In addition to this program, I also take part in the Oakmont High School Mock Trial team. Here I learned basic procedures of trial law and how to defend my pretend client. Luckily, this year's cases involved issues relating to anatomy and I was able to make connections between my Health Academy classes and the case itself. Though this club had just come to an end, I have been honored with the position of Vice President for the 2022-2023 school year. Other clubs I take part in our Key Club, Unicef, and HOSA. All of which provide members with volunteer opportunities, and being that I am an officer for HOSA I attend meetings and contribute to finding opportunities for our members. Outside of school, I was a teacher for a program called EnGin, this program connected me with a student in Ukraine whom I would meet with a couple of times a month to help practice and perfect their English. Given the current circumstances I have not been able to meet with my student, however, I hope to continue in the future. Beyond clubs, I also shadow healthcare professionals through the Health Academy, volunteer at my local Senior Care and Service home, and participate in other programs such as the FBI Teen Academy. As I have been able to manage a social life and strive academically I know that I will be able to continue all of the extracurriculars I have mentioned above, as well as take part of the Placer County Youth Commission.

What is yo	our best mode of communication (mark all that apply)? *
✓ Text	t
✓ Ema	ail
Othe	er
If chosen	other above, please explain

All applications MUST be received by email or Google Form or mail by 11:59pm APRIL 30, 2021.

EMAIL: placercoyouthcommission@gmail.com

GOOGLE FORM LINK: https://forms.gle/N8zTkbXLaoPfyChh9

MAIL:

Placer County Youth Commission ATTN: Alexandra Wride 11573 C Ave Auburn, CA 95603

Thank you for applying!!

This content is neither created nor endorsed by Google.

Email *	
Name (first & last) * Nathan Pham	
Date of Birth * MM DD YYYY / / / / / / / / / / / / / / / / /	
Address (street, city, zip) *	
School * Del Oro High School	

Fall 22/23 Grade *
9th
10th
11th
✓ 12th
Phone Number *
Phone Number "
Supervisorial District in which you reside: (To find out which district you reside in, go to www.placer.ca.gov/bos) *
District 1 - Supervisor Bonnie Gore
District 2 - Supervisor Robert Weygandt
District 3 - Supervisor Jim Holmes
✓ District 4 - Supervisor Suzanne Jones
District 5 - Supervisor Cindy Gustafson
Why are you interested in applying for the Placer County Youth Commission? *
After working with YLA (Youth Leadership Academy), I have gained skills to apply locally with the Placer Youth Commission to make a change There are many teen issues that I think I would like to represent my peers

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address?

One of the biggest issues teens are facing is mental health. Statistically, depression is the number one mental illness our society is facing. However, teens who are depressed do not have coping skills like an adult. Typically, they will choose to use substances like vaping to mask their symptoms. Hence the rise in depression (due to multiple factors, including social media) correlates with increasing vaping. Unless we advocate normalizing mental illness and provide coping solutions, this problem will continue to plague our society.

What personal life experiences, interests, and/or background will help you connect with and/or represent youth throughout Placer County?

I am the person who, when I see a deficit, seeks to solve it. For example, at Del Oro High School, there was not a coding club. Hence, I found it. First, I had to write the bylaws and present them to the student body for approval. Then, I have to lead it. One of the goals of the club was to teach others to code. Hence, I engaged with other students and even formed a team. This team of ours, called Trail Mix, actually took 2nd place at a state coding competition this year. My interpersonal skills and leadership will allow me to be a very engaging problem solver for teens.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year.

President -Del Oro Programming Club (will be participating in lots of Hackathons)

Historian/chair of many activities - Future Farmers of America

CSF - member

Working this summer and hopefully will continue

Here is more information about me: https://nathanpham.me/about

What is your best mode of communication (mark all that apply)? *

Text

Er

Email

Other

If chosen other above, please explain

I do not understand this question.

All applications MUST be received by email or Google Form or mail by 11:59pm APRIL 30, 2021.

EMAIL: placercoyouthcommission@gmail.com

GOOGLE FORM LINK: https://forms.gle/N8zTkbXLaoPfyChh9

MAIL:

Placer County Youth Commission ATTN: Alexandra Wride 11573 C Ave Auburn, CA 95603

Thank you for applying!!

This content is neither created nor endorsed by Google.

Email *
Name (first & last) * Shiven Batra
Date of Birth * MM DD YYYY / / / / / / / / / / / / / / / / /
Address (street, city, zip) *
School * Granite Bay High School

Fall 22/23 Grade *
9th
✓ 10th
11th
12th
Phone Number *
Supervisorial District in which you reside: (To find out which district you reside in, go to www.placer.ca.gov/bos) *
District 1 - Supervisor Bonnie Gore
District 2 - Supervisor Robert Weygandt
District 3 - Supervisor Jim Holmes
✓ District 4 - Supervisor Suzanne Jones
District 5 - Supervisor Cindy Gustafson

Why are you interested in applying for the Placer County Youth Commission? *

I recently audited a PCYC meeting on April 6th, 2022 at the Auburn Library. After attending the meeting, the two key takeaways that really compelled me to write this application was the sense of community and teamwork that I saw amongst the PCYC members. Growing up, I have always been a part of a team, whether it be in sports, school clubs & extracurriculars. I take every chance I can to engage myself in my immediate environment and community because that is what is really important to me. Over the last few years, I have been very fortunate to have had opportunities where I could connect with and represent my peers. Such as being a WEB (student council) leader in 8th grade and running the Junior High orientation for new students. Currently as a Freshman, I am mentoring Junior High students for the GBHS Speech & Debate team. When I first read about PCYC, I learned how they champion the meaning of community by being the voice of our youth in this county. That really struck a chord with me. I want to ensure that in my community, the youth is correctly represented. Right now we are living in very challenging circumstances, especially with the recent pandemic and oftentimes, the voice of the youth goes unheard. I want to support the agenda of the PCYC by joining and empowering the youth. I have seen the amazing work and initiatives that Placer County Youth Commission has put in organizing local events to create an advocative community. Such as partnering with 350 Placer, and organizing runs to raise awareness for nicotine addiction. I would love to be a part of the next steps that the PCYC takes with these initiatives, and I would be honored to represent the youth with this wonderful organization.

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address?

Currently amongst the youth, there are several inherent issues especially dealing with the aftermath of this pandemic, ranging from mental health to nicotine addiction and substance abuse. PCYC has been addressing some of these by raising awareness through local events. However, in our community an issue that I personally would like to see addressed is Youth Financial Literacy. Knowing how to manage and spend money is a necessity in life, and someone is never too young to learn about it. Given how our California school curriculum is structured, only High School Seniors are required to take a Personal Finance Test before they graduate. But prior to that most students are not educated on this topic. California Jump\$tart, a non-profit 501c(3) is subsidiary of a national umbrella organization that supports and promotes financial education amongst students. They have engaging programs designed to offer interactive and challenging approaches for children of all ages to experience real-life financial issues that are part of their everyday life. This overall better prepares youth for when they get their first job, and sets them up for life with this priceless knowledge. I would love to see the PCYC address the issue of Youth Financial Literacy by partnering with the California Jump\$tart.(https://cajumpstart.org/) or any other similar organizations regarding youth financial literacy.

What personal life experiences, interests, and/or background will help you connect with and/or represent youth throughout Placer County?

As a 15 year old, I have been very fortunate to live across the United States. I was born in Connecticut, then moved to Illinois and now I live in California. When relocating, I have tried to make the most of my new surroundings by getting to know the people in my community. Through this I've seen the importance of service and helping people. From simply picking up a piece of trash, to donating bags and bags of clothes to the homeless. People have taught me how important it is to help others around you. This lesson also came with my love for team sports, a chain is as strong as it's weakest link. As the team captain of my soccer team at GBFC, I always want to ensure the growth and success of my team. Developing strong bonds as teammates, communicating and having a common goal, so we can do the best together as one. But it was when the pandemic hit, I truly understood the meaning of community. During the lockdown, the libraries around us shut down. My brother and I decided to set up a Little Free Library in our neighborhood park. Which we have been managing as its stewards ever since. Whenever I go past my neighborhood park and see kids browsing through books at our Little Free Library, I feel a sense of accomplishment and happiness that my brother and I were able to create a little impact in our neighborhood which will hopefully carry on. On April 22, 2022, the Sunrise Movement Granite Bay, (an environmental policy activist group that I am actively involved with) participated in the Placer High School Earth Day Festival in Auburn. With my club members, we sold Earth Day themed pins and stickers to raise money for the victims of the recent California wildfires. We even met some local candidates who are running for senate, and it was great have our club get recognition from them. We had a great time educating youth on climate issues, and highlighting the sometimes overlooked aspects of climate change.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year.

CURRENT EXTRACURRICULAR ACTIVITIES

Granite Bay High School Clubs

Active Leader in Sunrise Movement Club: Group of youth activists who push policies to stop climate change, as well as fundraise for environmental events.

(Instagram Handle - sunrise gbhs)

Active Member of Unite Woman Need: A non profit organization that helps people in need of essentials. We have done multiple donation drives for necessities in our school.

Granite Bay High School Team

GBHS Varsity Speech and Debate Team

As a Freshman I have qualified for two National Level Tournaments in Washington D.C. (May 2022) and Louisville, Kentucky (June 2022)

Qualified for California State Championship in Policy Debate and Duo Interpretation Speech.

Lead Manager for the Junior High Speech & Debate program,

I currently coach five 8th grade students who are interested in joining the GBHS Debate Team.

This group of five students recently qualified to JHS Nationals in World Schools Debate with the help of our coaching.

GBFC - Soccer.

- I am the Team Captain of my Granite Bay FC Soccer Team U07 - Impact.

Boys Team Charity, Granite Bay League,

Member of this volunteer service organization for the last 3 years. https://btcgranitebay.chapterweb.net Volunteered over 75 hours at local philanthropies ranging from NorCal Special Olympics, Cycle for Hope, Loaves & Fishes Soup Kitchen Sacramento, Placer County Food Bank, SPCA, Eskaton Lodge, Gigi's PlayHouse & Folsom Lake Beaches & Trails.

In 2021 earned Class MVP award for most Philanthropy Hours earned.

Shelborne Little Free Library - Founder & Current Steward

In the Summer of 2020 during the pandemic shutdown, my brother and I set up a Little Free Library in our neighborhood

For the last two years I have been the Steward of this Library.

You can find your LFL on https://littlefreelibrary.org/ourmap/

Search, "Granite Bay" and ours is the one right next to Granny May's Strawberry Farm

Plans for Sophomore Year

Working on creating the GBHS Stock Market Club. The mission of this club will be to educate my fellow students about the economy, the market trends, finance, investments and of course the stock market. With the virtual money the students will participate in a simulated stock market game which follows the real stock market,

I am planning on joining the BSU (Black Student Union) at my High School

What is your best mode of communication (mark all that apply)? *
✓ Text
✓ Email
Other
If chosen other above, please explain
All applications MUST be received by email or Google Form or mail by 11:59pm APRIL 30, 2021. EMAIL: placercoyouthcommission@gmail.com
GOOGLE FORM LINK: https://forms.gle/N8zTkbXLaoPfyChh9
MAIL: Placer County Youth Commission ATTN: Alexandra Wride 11573 C Ave Auburn, CA 95603
Thank you for applying!!

This content is neither created nor endorsed by Google.

Email *	
	_
Name (first & last) *	
Alex Belles	
Date of Birth *	
MM DD YYYY	
Address (street, city, zip) *	
71dd1 633 (311 661, 611y, 21p)	
	_
School *	
Placer High School	_
Fall 22/23 Grade *	
9th	
10th	
11th	
✓ 12th	

Phone Number *
Supervisorial District in which you reside (To find out which district you reside in go to www placer ca gov/bos) *
District 1 Supervisor Bonnie Gore
District 2 Supervisor Robert Weygandt
District 3 Supervisor Jim Holmes
District 4 Supervisor Suzanne Jones
✓ District 5 Supervisor Cindy Gustafson
Number of PCYC Terms Served: *
1
Why are you interested in re applying for the Placer County Youth Commission?*
I am interested in reapplying for the commission because I would like to make a difference in the community, and I enjoy spending time with like minded people to work out solutions to our common issues

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address? *

Issues that I notice in Placer County's youth are mostly the mental health and environmental awareness problems. I think because my school has a mental health specialist, our situation has improved, but there is more action that can be taken. When the other schools in the district are taken into consideration, even more can be done in terms of awareness as well as providing resources. As the Vice President of the Placer Environmental Club, I've experienced first hand much of the

What would you like to see happen in PCYC next year and what have you learned this year to support that? *

In the future, I hope to use our time more efficiently than in my current term. Over the last several months, my subcommittee switched ideas several times and didn't quite settle until much later on what we wanted to do. I think a lot of time that could've been spent productively was used on ideas we didn't follow through with, whether that be because our goals were too narrow or too complex. In addition, although I do thoroughly enjoy the beginnings of the meetings with the games, they can take a lot of time. Not suggesting that the icebreaker activities be removed, but maybe just shorter so that we can spend more time focused on our projects.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year. *

I am currently a member of Placer High School's Wind Ensemble and Jazz Band, I will be trying out for drum major for the marching band, I am the Vice President of the Placer Environmental Club, the President and founder of the Placer Feminist Club, I will be playing in a competitive soccer league next season, and, should the person selected for the position not be able to go, I could be attending girls state as a first delegate.

What is your best mode of communication (mark all that apply)? *	
✓ Text	
✓ Email	
Other	

If chosen other above, please explain

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EMAIL: placercoyouthcommission@gmail.com

GOOGLE FORM LINK: https://forms.gle/PRDWucASdNmNAyXy6

MAIL:

Placer County Youth Commission ATTN: Alexandra Wride 11573 C Ave Auburn, CA 95603

Thank you for re-applying!!

This content is neither created nor endorsed by Google.

Email *	
Name (first & last) * Dillon Holloway	
Date of Birth * MM DD YYYY / / / / / / / / / / / / / / / / /	
Address (street, city, zip) *	
School * Colfax High School	

Fall 22/23 Grade *
9th
✓ 10th
11th
12th
Phone Number *
Supervisorial District in which you reside: (To find out which district you reside in, go to www.placer.ca.gov/bos) * District 1 - Supervisor Bonnie Gore
District 2 - Supervisor Robert Weygandt
District 3 - Supervisor Jim Holmes
District 4 - Supervisor Suzanne Jones
✓ District 5 - Supervisor Cindy Gustafson
Why are you interested in applying for the Placer County Youth Commission? * I see this as a great opportunity to get involved at a community level and feel that my input will be helpful to raise awareness of challenges and opportunities for improvement

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address?

Disengagement. Due to the year and a half of school missed during the covid pandemic, students have been set back tremendously in school; not just academically but socially as well. This is evidnet in a lack or willingness to engage in the classroom and extra curricular activities. It seams most prevalent in this year's sophomore class, graduating class on 2024. Missing their Freshmen year of high school, a key year for engagement, they were never truly introduced to high school. I hope the Placer County Youth Commission can help address and effect this problem among school students before this portion of the future workforce graduates.

What personal life experiences, interests, and/or background will help you connect with and/or represent youth throughout Placer County?

I am involved with a leadership group at my school which is intended to create community, provide direction and foster engagement for the students at and around campus.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year.

Leadership group at school, Cross County, Nordic skiing, Track & Field, working towards pilot's license.

What is your best mode of communication (mark all that apply)? *

✓ Text

Email

Other

If chosen other above, please explain

N/A

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EMAIL: placercoyouthcommission@gmail.com

GOOGLE FORM LINK: https://forms.gle/N8zTkbXLaoPfyChh9

MAIL:

Placer County Youth Commission ATTN: Alexandra Wride 11573 C Ave Auburn, CA 95603

Thank you for applying!!

This content is neither created nor endorsed by Google.

Email *
Name (first & last) *
Sophia Calvillo
Date of Birth *
MM DD YYYY
Address (street, city, zip) *
School *
Western Sierra Collegiate Academy

Fall 22/23 Grade *
9th
✓ 10th
11th
12th
Phone Number *
Supervisorial District in which you reside: (To find out which district you reside in, go to www.placer.ca.gov/bos) *
District 1 - Supervisor Bonnie Gore
District 2 - Supervisor Robert Weygandt
District 3 - Supervisor Jim Holmes
District 4 - Supervisor Suzanne Jones
✓ District 5 - Supervisor Cindy Gustafson

Why are you interested in applying for the Placer County Youth Commission? *

I am applying to the Placer County Youth Commission for many reasons, but mainly to promote the benefits of youth leadership in Placer County, and advocate for and resolve youth issues in our community. To begin, I would like to work with other like-minded young people to create policies that will benefit the youth in our community, by bringing awareness to issues, and advocating to solve them. I have many experiences being in high leadership positions that serve youth, such as student council, and I enjoy advocating for these issues, as they are things that I, as a youth, encounter every day. Because there are not many opportunities for youth leadership positions among government entities in Placer County, I would like to serve on the Placer County Youth Commission so that I will be able to lead by example, alongside many talented others, and encourage my peers and other youth to get involved in leadership positions, and advocate for them.

Also, I enjoy giving back to my community through community service, and I would like to share these potential opportunities for service with other young people. It is important to get youth involved with these community service projects, as we are the future of the community, and will help to bring up these important causes, and keep them going for generations to come. I would also like to ensure that youth are caring for our environment, and the natural resources surrounding us in Placer County, like the American River Canyon, and the national forest that makes up a good portion of it. If youth are to get involved with causes like this, they will only be improved, and better preserved.

Overall, I would like to use my talents and past and current leadership experience to become a part of the great work and mission of the Placer County Youth Commission, and bring positive change to our community.

What are current issues youth in Placer County are facing today and what issues would you like to see the Placer County Youth Commission address?

As a youth, I have seen that many youth in Placer County have been facing the issue of peer pressure, in the form of them doing something wrong because their friends are doing it also. It seems as if this is an issue that is not represented enough in discussion and at schools, as many people focus on the problem the youth caused, and not the reasons why the youth took that action. Peer pressure can also take on the form of youth being pressured into taking addictive substances, like tobacco and drug use, which does not ever end well. It would be beneficial for the Placer County Youth Commission to bring awareness to the negative aspects of peer pressure, and let the youth of our community know to watch out for it.

Another problem I have seen youth facing today is the issue of bullying, both online and in person. It is important for young people to stand up for each other, and treat everyone with equal respect and kindness. Because of the significant nature of this matter, and the impact bullying has on young people's futures and self-image, I believe that this is another important issue for the Placer County Youth Commission to bring awareness to.

Also, I have found that many youth in Placer County are struggling to find leadership positions that are open to young people, and because of this, it is rare that youth are exposed to other young leaders, who may then serve as role models to them. It seems as if many young people do want to get involved with their community at a higher level, but are unsure as to where to start with this, and have no guidance available. I think that it is important that the Placer County Youth Commission addresses this issue as well, because I have not seen any other groups take action towards this. As a youth leadership commission, it is important to support young leaders throughout the community, as well as potential young leaders. Because of these issues, I believe that it would be beneficial for the Placer County Youth Commission to bring attention to the issue of normalizing youth leaders throughout our community.

Finally, I have seen many youth in our community struggling with mental health issues, and this seems to be emerging as a big problem for youth nationwide. Many young people are not able to live their lives to the fullest because of these issues, and are struggling every day. Because of the considerable impact of these mental health issues, I believe that the Placer County Youth commission should bring light to this as well, and help to promote healthier, happier youth for the future.

I hope that, sometime in the future, our community will be able to experience an end to all of these issues, and that this will lead to a bright and successful future for everyone.

What personal life experiences, interests, and/or background will help you connect with and/or represent youth throughout Placer County?

My over five years of experience serving on the student council for my school, as well as my position on the Auburn Joss House Museum and Chinese History Center Board of Directors, will allow me to better represent youth throughout Placer County.

To begin, throughout my many years of student council experience, I have had the opportunity to hold a variety of positions, and to advocate for the student body of my school in many different ways. Among the positions I have held, I have hosted rallies, which has allowed me to connect with large groups of youth, and appeal to them, and I have written the scripts for the morning announcements, and appeared in them for a few years, which taught me how to highlight important issues for youth, and present information to others in a clear and concise manner. These announcements were also shared with other schools in my district, and because of this, it was important that I kept a clear balance of events that the schools shared, and connected with large groups of students, which I had never had the opportunity to meet. This year, I am serving as the Student Council Executive PSP and Operations Committee Ambassador, where I relay the specific concerns of students to the parents that work with the school leadership team, as well as the principal, school board members, and the Operations Committee, who decide critical issues in the school's development. I ensure that the concerns of students are met, and I advocate for the issues brought up to be solved.

Also, my position on the Auburn Joss House Museum and Chinese History Center Board of Directors, being the only youth serving, calls for me to bring youth interest and perspective to the historic and cultural traditions of the Auburn Joss House, and, in order for me to do this, I am connecting with youth to promote preserving this history together.

Because of my extensive experience in leadership roles considering youth's concerns, I believe that I will be a strong asset to the Placer County Youth Commission, and I will be able to both connect with and represent youth.

Please list any extracurricular activities (academic, athletic, political, religious, social, etc.) you are currently involved in and any you anticipate joining within the next year.

Because I enjoy spending time giving back to my community, and participating in beneficial activities, I am involved in many extracurricular activities.

To begin, I serve on the executive committee of my school's student council, as the Executive PSP and Operations Committee Ambassador. As I briefly explained earlier, in this role, I communicate student and student council concerns to the Operations Committee, one of the most important governing bodies for the school, as they decide how it is run. I am able to take part in decisions such as choosing school-wide courses for mental health, and textbooks used in AP classes. Because of this, I stay in touch with many of the youth at our school, and ask around to ensure I know the common concerns. I also share relevant information with the PSP, or Parent School Partnership, which is made up of very involved parents in our school. I communicate fundraiser information with them, as well as the activities of student council members. Because of this position, I have learned skills such as proper communication, and public speaking. Also, I am a part of my school's Key Club, which organizes community service projects. I am also in the Chinese Dragon Dance Club, as I am learning Mandarin Chinese through my school, and am very intrigued by the culture and history of China. I currently serve on the Auburn Joss House Museum and Chinese History Center Board of Directors, where I am volunteering to prepare for the re-opening ceremony on May 21st, and have organized two events for this so far. I also volunteer at Saint Joseph's Parish Thrift Shop, and at the Auburn Interfaith Food Closet, where I have learned good communication skills, as I work with customers every day. In terms of sports, I am on my school's Cross Country team, and I am also part of the Auburn Mermaids Synchronized Swim Team, where I work with other youth in order to reach our team's goals of success at the end of the season.

Next year, I plan on joining my school's Academic Decathlon team, as well as the Entrepreneurship Club. I would like to establish a school-sponsored contest for this club that would promote college readiness and well-thought out business ideas, as well as teamwork and strong passion. I also qualify for the California Scholarship Federation and the National Honor Society for next school year, so I plan on joining these two organizations.

Of all of the things that I am doing, I feel that the Placer County Youth Commission would provide the most direct benefit to my community, and I will be sure to devote the necessary time and energy to it. Overall, I enjoy spending my time outside of school by doing activities that will benefit the community, and allow me to work with other youth and adults, and I am sure that my participation in the Placer County Youth Commission will allow me to continue this work, and leave a stronger impact that will benefit more people.

Wha	t is your best mode of communication (mark all that apply)? *
~	Text
~	Email
	Other

If chosen other above, please explain

All applications MUST be received by email or Google Form or mail by 11:59pm APRIL 30, 2021.

EMAIL: placercoyouthcommission@gmail.com

GOOGLE FORM LINK: https://forms.gle/N8zTkbXLaoPfyChh9

MAIL:

Placer County Youth Commission ATTN: Alexandra Wride 11573 C Ave Auburn, CA 95603

Thank you for applying!!

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